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Rules for selecting athletes for the Israeli national team and athletes to represent Israel in international competitions

General provisions

The right to represent Israel in international competitions is granted on the basis of sporting achievements in accordance with the following criteria, the objectives of which are:

- Development of figure skating in Israel;
- Ensuring healthy competition;
- Ensuring a fair and broad representation of Israel in international competitions;
- Ensuring a transparent and understandable decision-making mechanism for everyone.

This document regulates the selection and appointment procedure of participating and reserve athletes for the following competitions:

- ISU Series B international competitions
- Competitions with the participation of athletes from the Israeli national team
- JGP - Junior Grand Prix
- EYOF - the European Youth Olympic Festival
- YOG - Youth Olympic Games
- World Junior Championship
- Challenger series tournaments

- Universiade
- European Championships
- World Championships
- Olympic Games

The approval of the current composition of the Israeli national team, as well as participating and substitute athletes, as to the examination of all controversial issues related to the application of the rules for the selection of athletes, are done at a Federation meetings chaired by the President of the Federation and with the mandatory participation of all members of the technical committee as a recommending body, and in the presence of the Federation CEO and its legal advisor, with a mandatory recording of the minutes of the meeting.

All Federation resolutions passed at such meetings are communicated in writing to the athletes, the coaches and the clubs in which they are training, within three working days.

This document is written in Hebrew. For the maximum convenience of athletes and coaches, especially those who live and train in other countries, the Federation provides an official English translation. In the event of contradiction, the Hebrew version prevails.

Technical committee from time to time may change the provisions of this procedure. To add or to delete whether its initiative of the members of the committee or the President of the IISF.

The selection of athletes for the national team

The selection of team athletes for the coming season will be conducted by the president of the Federation, after consulting with a technical committee, after the Israeli Cup final until the end of April, from the athletes who meet the following criteria:

- For athletes competing in the senior categories, obtaining a minimum Technical Elements Score (TES) in at least one of the disciplines required to participate in the World Championships or a minimum Technical Elements Score (TES) in both disciplines to participate in the European Championships, achieved in ISU recognized international competitions.
- For athletes competing in the junior categories, two minimum technical scores (TES) for participation in the Junior World Championships, obtained in ISU recognized competitions and mandatory participation in the Israeli National Championships.
- Athletes who, according to ISU rules, could not compete in the junior category in international competitions in the current season due to the age restrictions, but competed in Israel in the junior category in the Israeli Cup stages and in the Israeli Cup final in the current season and obtained a minimum technical score (TES) during the Israel Cup stages or in the Israel Cup finals or the Israel championship.

- A similar rule applies to national team athletes moving from the junior category to the senior category. A national team athlete who moving to the senior category and meets the national team's junior criteria remains on the team.
- Junior category, mandatory participation in at least two international competitions recognized by the ISU and two stages of the Israeli Cup or, three international competitions recognized by the ISU and one stage in the Israeli cup. For dance and/or pairs couples, participation in the stages of the Israeli Cups is not mandatory.
- Mandatory participation of all categories (seniors and juniors) in the Israel National Championships.
- In the case of newly formed dance or pair couples, the decision whether to accept the team is made by the IISF president after receiving the recommendations of the technical committee.
- For athletes who have recently transferred from other national associations, the same rules apply.

However, in the case of a quarantine, athletes who have just transferred can use the corresponding technical minimum achieved in the stages of the Israeli Cups or the finals of the Israeli Cup or the Israeli National Championship or, the minimum technical scores (TES) achieved in official recognized by the ISU competitions with the previous national federation.

- Without detracting from the above, the president of the Federation may include any athlete in the team at his discretion if he believes that such a decision is in line with the Federation's goals.
- Providing a statement by the athlete, or by the athlete's guardian if the athlete is a minor, regarding the absence of physical limitations, together with a commitment to act according to WADA rules and together with a commitment to immediately inform the IISF of any change in the athlete's medical or mental condition, as well as the signing of the agreement.

1. Rules for registration for ISU International Series B competitions

- ISU International Series B competitions refer to all ISU competitions except as described elsewhere in this document.

Applications from athletes or coaches to participate in ISU International Series B competitions are to be made in writing and sent (by email) to the CEO of the Federation. The application will be assessed by the technical committee and its recommendations will be forwarded to the President of the Federation for a decision to grant or deny the application to participate.

2. Competitions with the participation of athletes from the Israeli national team

After the ISU calendar is published, and no later than August 1, the IISF will announce five competitions (hereinafter: "base competitions") in which will participate those national team athletes who were selected to participate in accordance with this procedure.

In addition to the base competitions, team athletes who are allowed to participate in the Junior Grand Prix (JGP) competitions may use the score obtained in the JGP in order to be selected for "face to face competitions".

From those competitions two athletes with the highest results from at least two "base competitions" and/or JGP competitions will be selected to participate at the "face to face competitions" to be chosen by the IISF.

The winner of two "face to face competitions" will represent Israel at the World Junior Championships.

The runner up will be registered as a substitute athlete.

In case of a tie in a face-to-face competition, the active athlete will be chosen based on the higher average score from the two face to face competitions.

In cases where the average is equal, the selection of the athlete will be based on the higher average score from the two base competitions that enabled the selection of the athlete for the face-to-face competitions.

If necessary, these competitions may be different for the senior and junior categories.

All selected competitions must take place in countries that do not require a visa for Israeli citizens or easily obtainable visa.

For athletes in the senior category, the selection of a representative for the European Championships will be conducted in the following manner:

After publication of the ISU calendar, and no later than August 1, the IISF will announce two face to face competitions for the senior category in which the athletes from the senior category can participate after having participated in at least two competitions from the IISF five selected competitions (at the athletes' choice) or a GP (hereinafter: "base competitions in the senior category").

The winner of two "face to face competitions" will represent the state of Israel in the European championships. The runner up will be entered as a substitute.

In case of a tie in the face-to-face competitions, the representative athlete will be chosen based on the highest average score out of two base competitions in the senior category.

Selection for the World Championship competition will be done in the following way:

At the time of selection of face-to-face competitions in all categories, the IISF will select one face to face competition to be held in January or February in which an athlete

selected for the European championship and an athlete designated as a substitute in the European championship will participate.

The winner of the third face to face competition will represent Israel in the World Championships, while the runner up will serve as a substitute.

3. Rules for allocation in JGP competitions

Athletes' nomination for the JGP stages is done from the junior National Team members

Athletes who competed in the previous season or plan to compete in the current season in the senior category as candidates for the JGP stages is, as a rule, not suitable and not acceptable as this situation often hinders optimal preparation for championships in the senior category.

In some cases, such a placement of an athlete will be made after a feasibility examination and according to the needs of the Federation. Such a placement may be decided by the president of the IISF after consulting with the members of the technical committee.

Examples of the necessity of such a solution could be (the list is not complete):

- Insufficient number of young athletes;
- Outstanding achievements of the athlete;
- Special goals of the Federation.

Appointment of an athlete for a JGP competition

Selection to the JGP's is conducted in one or two stages according to the advice of the technical committee and the president of the IISF.

First stage, by July 20, coaches of the candidate athletes must send to the Federation videos of the short and free programs recorded between June 20 and July 20 of sufficient quality for the examination of the performance.

Athletes who do not provide a video are excluded from the list of candidates.

Videos are to be sent to the CEO of the IISF (by email: info@IISF.org.il) for registration, arrangement of their viewing and discussion by the technical committee, national judges and technical experts, as well as, if necessary, judges and technical experts invited from other countries, with the coaches of the athletes if necessary.

If necessary (according to the advice of the technical committee or the IISF president), the second step is setting a date and time of zoom examinations for athletes participating in the selection.

Due to the geographical locations of the Israeli national team, the Federation may schedule zoom meetings with the athletes' coaches in a different time zones.

The opinion of the technical committee, as well as of the invited national judges and technical experts, is heard and discussed at a special meeting of the technical committee chaired by the president of the Federation, which will be held no later than three working days after viewing the zoom. In exceptional cases a video recording will be provided, with this no later than July 25.

After examining the recommendations or the results of the discussion at that meeting, the president of the Federation will make a final decision on the placement of participating and substitutes athletes for the JGP stages.

According to the number of JGP stages that have been allocated to the Federation, the selection of the athletes will be based on the IISF Technical Committee recommendations. The IISF may decide to leave one available JGP stage vacant to be filled by the athlete with highest score at the previous JGP stage.

All the decisions of the Federation that are made at these meetings are communicated in writing to the athletes and coaches and the clubs, within three working days.

4. Rules for placement of senior athletes in to the challenger series competitions

Each senior athlete can participate in 3 challenger competitions per a season.

Active and substitute athletes for specific challenger series competitions is made by the end of September at a meeting of the technical committee with the participation of the President of the Federation and the coaches and nominated athletes. The training planes and optimal logistics will be taken into consideration.

All team athletes in the senior categories (women, men, pairs and ice dance couples) must send the Federation a video of the short program/rhythm dance and the free program/free dance by September 15.

5. Rules for withdrawing athletes from the national team

- A. Withdrawal at the athlete's request – should an athlete or, in the case of a minor athlete, both parents, or alternatively one parent together with a ruling of a competent court, submit to the secretary general of the Federation a written request to leave, the athlete will cease to be a member of the team from the date of submission of the written request.
- B. Refusal to sign an agreement with the Federation – should an athlete, or in the case of a minor athlete both parents, refuse to sign an agreement with the Federation or refuse to renew or extend one, the athlete will be removed from the team after being giving three days advance notice.
- C. Breach of an agreement – a breach of any provision of the agreement by an athlete for any reason, including due to an act or omission, after being giving three days

advance notice during which the breach was not rectified. It is clarified that if the breach was committed during or near a competition or event of the Federation, the removal will be immediate.

- D. Breach of the Federation's code of conduct or code of ethics, or that of an international union, the ISU or the rules of the Olympic Committee or the ethics provisions of the Ministry of Sport, as published from time to time. If the ethics committee found that an athlete has breached the Federation's code of conduct, including rules of conduct that the Federation has adopted or accepted, then the athlete will be removed from the team.

Should a breach be committed during a competition or other representative event, the president of the Federation, after consulting with the Federation's legal advisor, may immediately suspend the athlete until the matter is clarified.

- E. Use of prohibited substances – an athlete caught using substances prohibited in sports or if it was found by WADA or the Federation or the ISU that the athlete used or intend to use substances prohibited in sports, as defined by WADA regulations, or drugs as defined in the Dangerous Drugs Ordinance, or alcohol, or induces or encourages others to use them, will result in immediate removal from the team.
- F. Refusal to present proof of medical fitness – should an athlete or, in the case of a minor athlete, one of his parents, refuse or refrain from presenting medical fitness documents as detailed in the sport regulations, the athlete will be given three days advance notice and if the documents are not presented within that time, will be removed from the team.

The president of the Federation, after meeting with the Federation's legal advisor, may delay the removal, as long as the athlete proves to the satisfaction of the president of the Federation that the delay in performing a test or producing documents was not caused by an act or omission of the athlete or someone responsible for the athlete.

During a representative event of the Federation or near abouts - the president of the Federation, after consulting with the Federation's legal advisor, may order the removal of an athlete without giving advance notice as mentioned in the beginning of this section.

When there is a limitation or prohibition of participation due to a resolution or regulation or provision of a competent authority in Israel or another country or a world sports association.

[signature]

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of the Federation

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Sergey Sheiko,
member of the
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I confirm the above signature [signature and stamp]

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